

Winter 2025 Autism Services

Inspire Confidence and Growth this Winter

Our Autism Services use play-based learning and lots of positive reinforcement to support children and teens with autism in key domains including communication, social skills, and emotional regulation. Offered at four convenient Toronto locations. Enroll today and secure your spot!

Multidisciplinary Groups

Available with OAP funding, psychology insurance or out of pocket.

Building Confidence: Mental Health Group

Discover personal strengths and challenge negative self-talk through fun, interactive sessions. Multidisciplinary: Psychology, social work, behaviour analysis

9-14 From \$3,150 | 1.5 Hrs | 1 Day/Week

Developing Through Play: Therapeutic Group

Learn how to encourage communication and emotional regulation through developmentally-appropriate play. Multidisciplinary: Psychology, occupational therapy, behaviour analysis

2-7 From \$1,680 | 1 Hr | 1 Day/Week

Fueling Healthy Habits: Life Skills Group

Develop foundations for a healthy lifestyle through nutrition, mindfulness and movement. Multidisciplinary: Psychology, social work, nutrition, behaviour analysis

15-18 From \$3,630 | 1.5 Hrs | 1 Day/Week

Navigating Relationships: Life Skills Groups

Practice socializing and self-advocacy skills to navigate personal, professional, and romantic relationships. Multidisciplinary: Psychology, social work, behaviour analysis

15-18 From \$4,200 | 2 Hrs | 1 Day/Week

1-to-1 ABA Services

Available for purchase with OAP funding or out of pocket.

1-to-1 Focused Behavioural Intervention

Customizable 1-to-1 ABA packages starting at 2 hours per week to target 1 or 2 priority goals (e.g. toothbrushing, sitting during meals).

NEW Now available as a virtual service.

2-18 From \$4,400 | 2 Hrs | 1+ Days/Week

Full Day ABA (IBI)

Intensive 1-to-1 ABA (IBI) to support children with high needs with extensive support in multiple skills domains, starting at 6 hours per week.

2-13 From \$13,200 | 6 Hrs | 1+ Days/Week

Home and Community-Based ABA

ABA delivered at home or in your community to develop daily living, safety and social skills and address behaviours that interfere with everyday life.

1-18 From \$13,800 | 2 Hrs | 2-3 Days/Week

1-to-1 Mental Health Services

Available for purchase with OAP funding or psychology insurance or out of pocket.

Child & Teen Counselling

Mental health support to navigate anxiety, build resilience and overcome challenges in a caring, one-on-one setting.

8-18 From \$880 | 1 Hr | 1 Day/Week

ABA Group Therapy

Available for purchase with OAP funding or out of pocket.

Boys Group

Learn about fitness, puberty, and consent while practicing personal hygiene and understanding private body parts and behaviours.

10-18 From \$3,520 | 2 Hrs | 1 or 2 Days/Week

Children's Friendship Training

Practice making friends, building good sportsmanship and navigating conflict and disappointment.

9-12 From \$3,520 | 2 Hrs | 1 Day/Week

Coding & Robotics

Explore beginner robotics and Scratch coding, learn to solve problems independently, identify multiple solutions and explain findings to a group of peers.

10-18 From \$3,520 | 2 Hrs | 1 or 2 Days/Week

Conversation Club

Practice reciprocal 2-way communication skills including initiating, maintaining and ending conversations.

NEW Now available as a virtual service.

6-18 From \$3,520 | 2 Hrs | 1 or 2 Days/Week

Early to Intermediate Communication

Learn to request new activities or items, respond to gestures, label objects, ask for help and answer simple questions using single words or short two or three-word sentences.

10-18 From \$7,680 | 2 Hrs | 2 Days/Week

Girl Power

Learn to navigate all-girl peer dynamics, build confidence, make new friends and handle tricky social situations.

12-16 From \$3,520 | 2 Hrs | 1 or 2 Days/Week

Employment & Volunteerism

Prepare for volunteer roles or job opportunities by building resumes, practicing interviews and learning professional etiquette.

NEW Now available as a virtual service.

14-18 From \$3,520 | 2 Hrs | 1 or 2 Days/Week

PEERS

Practice interacting positively with peers, using humour appropriately, and responding to teasing, disagreements, rumours, gossip and peer pressure.

14-18 From \$3,520 | 2 Hrs | 1 Day/Week

Skills for Life: Advanced

Strengthen executive functioning skills to support academic success like using digital time management tools and maintaining a personal schedule.

14-18 From \$3,520 | 2 Hrs | 1 Day/Week

Skills for Life: Beginner

Learn foundational executive functioning skills to increase homework and classroom independence like using timers and planners to stay organized.

10-13 From \$3,520 | 2 Hrs | 1 or 2 Days/Week

Social Stars

Learn to be around other children and connect while practicing skills like greetings, turn-taking, sharing and parallel play.

6-13 From \$7,680 | 2 Hrs | 2 Days/Week

Social Time

Build confidence and make friends by identifying emotions, understanding body language, and roleplaying conversations.

NEW Now available as a virtual service.

10-18 From \$3,520 | 2 Hrs | 1 or 2 Days/Week

Take a Deep Breath

Learn to identify emotions, calm the body, and manage stressful situations.

10-13 From \$7,040 | 2 Hrs | 2 Days/Week

Not Sure Where to Start?

Discover Your ABA Journey

New or returning to Surrey Place? Receive expert guidance about the best ABA pathway for your child

2-18 \$50-\$100 | 1-2 Hrs | 1 Day

Need a Break?

Respite Services

Our North York respite services offer families and caregivers a well-deserved break on evenings, weekends and on PD Days.

3-12 From \$98 | 4+ Hrs | 1 Day/Week

Want to Learn More?

For more information or to enroll in our Autism Services, visit us at www.surreyplace.ca/autism



- Call us at 1-833-575-5437
- Email us at autismservices@surreyplace.ca

Four Toronto Locations

- 📍 **Downtown Toronto – Bay & College**
2 Surrey Place
- 📍 **North York – Finch & Dufferin**
2 Champagne Drive
- 📍 **Etobicoke – Islington & 401**
2150 Islington Avenue
- 📍 **Scarborough – Sheppard & Markham**
10 Milner Business Court

SURREY PLACE



Skill Level 1: First Words

Begin communicating using pictures or single words.

- May hand lead, point to communicate or copy some sounds or words.
- E.g. May say “Ju” or “uce” inconsistently to indicate a desire for juice.

Skill Level 2: Early Communicators

Expand vocabulary with single words or simple two-word phrases.

- Uses 5 single words or more to communicate.
- May use some two-word sentences. E.g. “Juice.” Or “Want juice.”

Skill Level 3: Social Explorer

Learn basic social skills like parallel play and sharing.

- Uses 20 single words or more to communicate.
- Speaks in two-word sentences.
- May speak in some 3-word sentences. E.g. “I want juice.”

Skill Level 4: Interactive Communicators

Practice back-and-forth conversations, nonverbal cues and emotion regulation.

- Can use language to practice back and forth conversation.
- E.g. “I want apple juice. What kind of juice do you want?”

Skill Level 5: Social Leaders

Navigate complex social situations like negotiating and collaborating.

- Can use language to engage in complex social situations
- E.g. “It hurt my feelings when you took the last apple juice because you know that’s my favourite.”

Ready to get started?

For more information or to enroll in our Autism Services, visit us at www.surreyplace.ca/autism

Your Child’s Autism Pathway

1-to-1 Services (Purchase with OAP funding)

	SKILL LEVEL 1 First Words	SKILL LEVEL 2 Early Communicators	SKILL LEVEL 3 Social Explorer	SKILL LEVEL 4 Interactive Communicators	SKILL LEVEL 5 Social Leaders
2-13 Full Day ABA (IBI)	●	●	●		
2-18 1-to-1 Focused Behavioural Intervention	●	●	●	●	●
1-18 Home and Community-Based ABA	●	●	●	●	●
8-18 Child and Teen Counselling				●	●

ABA Group Therapy (Purchase with OAP funding)

2-18 Discover Your ABA Journey	●	●	●	●	●
10-18 Early to Intermediate Communication		●			
6-13 Social Stars			●		
10-18 Social Time				●	
6-18 Conversation Club				●	●
10-13 Take a Deep Breath				●	●
12-16 Girl Power *NEW*				●	●
10-18 Boys Group				●	●
10-13 Skills for Life: Beginner *NEW*				●	●
14-18 Skills for Life: Advanced *NEW*				●	●
10-18 Coding & Robotics					●
9-12 Children’s Friendship Training					●
14-18 PEERS					●
14-18 Employment & Volunteerism					●

Multidisciplinary Groups (purchase with OAP funding or psychology insurance)

2-7 Developing Through Play	●	●	●		
9-14 Building Confidence				●	●
15-18 Navigating Relationships				●	●
15-18 Fueling Healthy Habits				●	●

Paid Services (not funded by OAP)

3-12 Respite Services	●	●	●	●	●
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Autism Services

Empower your child’s progress this winter