

CORONAVIRUS (COVID-19)

My Housemate has
Coronavirus

The coronavirus is similar to a flu or cold virus and spreads very easily.



Many people will become sick with the coronavirus.



Someone I know or live with may become sick with coronavirus,
like my housemate.

Every person who becomes sick with the coronavirus will have their own unique experience.



While I can not know for sure what my housemate's experience will be with the coronavirus, there are some things I can expect.

If my housemate becomes sick with coronavirus, they may feel unwell.

SYMPTOMS



Fever



Headache



Flu



Out of breath



Severe cough



Sore throat

They could have a fever, sore throat, cough, shortness of breath or feel very tired.

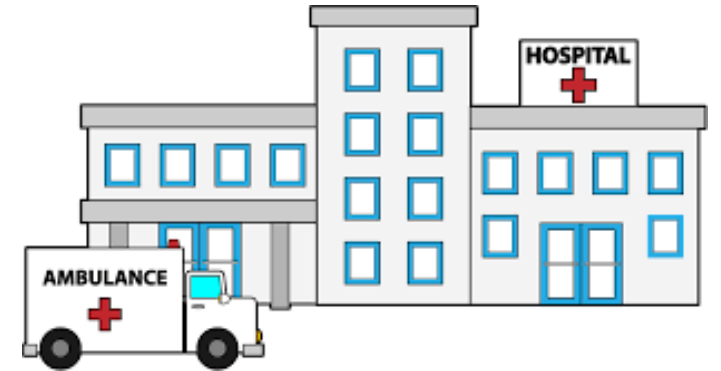
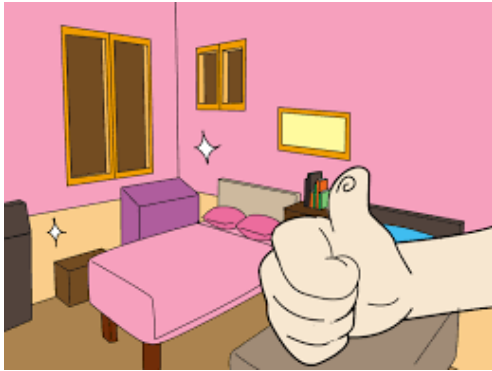
If my housemate becomes sick with coronavirus, they will need to get tested at a special medical clinic.



Nose Swab

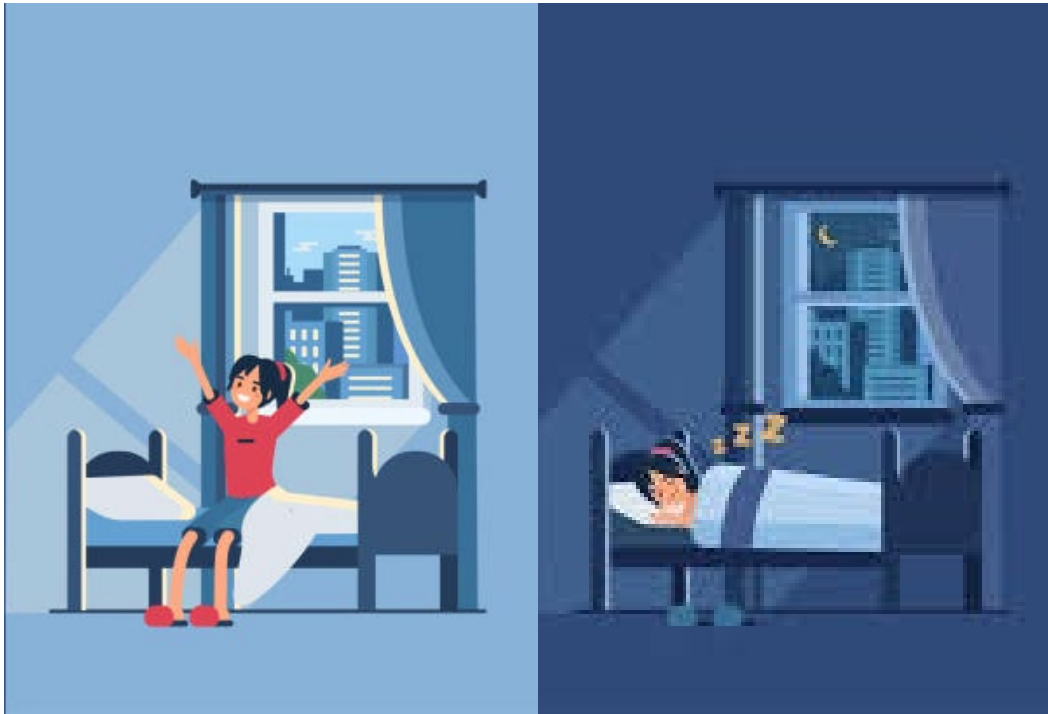
Because the virus spreads so easily I may also need to get tested for coronavirus to see if I have it as well.

If my housemate becomes sick with coronavirus, they will need to self - isolate to avoid the spread of germs.



Self-isolation could happen in their **bedroom**, a **special area in our home**, a **new place** away from home, or the **hospital**.

Self - isolation means that my housemate will stay in one place – away from others - at all times throughout the day and night.



They will stay in this place until they are better.

This means that I will not see or spend time with my housemate for awhile.



It is important that I stay away from my housemate to keep everyone else in the house safe.

If my housemate becomes sick with coronavirus, they will need to wear a mask that covers their nose and mouth.



Staff in the home will wear a mask to cover their nose and mouth.



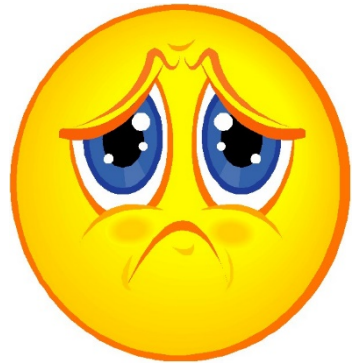
Staff may also wear other items, like a gown, gloves and goggles.
This will help to prevent the spread of germs.

If my housemate becomes sick with coronavirus,
supports are in place to keep everyone in the home safe.



I don't know how long my housemate will have the coronavirus
but I know that everyone will be well taken care of.

Learning about what may happen if my housemate becomes sick with coronavirus might make me feel different emotions.



It is *okay* to feel this way.

I have people in my life who are here to support me.

If I have questions or need support I can talk to them.