

“ As you may recall, we are expecting our baby boy early March and although finding out he has Down syndrome and some heart issues has been hard, we were lucky to have connected with you. Thank you for answering all our questions, sharing your experiences and giving us hope.”

— FamilyLink parent

Our Mission:

Community Living Toronto changes the lives of people with an intellectual disability by giving them a voice, and supporting their choices where they live, learn, work and play.

Find Out More!

Find out how you can make a difference in the life of someone with an intellectual disability.

Contact us at:

Central

20 Spadina Toronto ON M4R 2S7
T 647-729-1209

Etobicoke/York

295 The West Mall, Ste. 204 Toronto ON
M2N 5W9 T 647-729-1162

North York

1122 Finch Ave. W Unit 18 Toronto
ON M3J 3J5 T 647-729-1162

Scarborough

1712 Ellesmere RD Toronto
ON M1H 2V5 T 647-729-1633



Where choices change the lives
of people with an intellectual disability



Check us out on Facebook  or follow us on Twitter 

Community
Living
Toronto



Family Link

Families of People with Intellectual
Disabilities, Connection Through
Friendship and Support



www.communitylivingtoronto.ca

Bringing families together

to offer **friendship** and a network of **support** who all share the **unique challenges** and experiences of **parenting a child** with a disability.



Is FamilyLink for you?

FamilyLink is for families at all ages and stages of life:

- Whether you are expecting a child with a disability
- A family with a young son or daughter
- Your child is transitioning from school, work, moving towards independent living or facing healthcare issues
- FamilyLink is here to support you!

Share experiences, develop friendships and gain first hand knowledge with those who understand your situation like no one else – a fellow parent.

We have resources to help you to receive and share information in ways that best suit your lifestyle:

- Find us online! Visit ConnectABILITY.ca to find information and resources while linking with other families
- Find us on Facebook! Share your resources, ask questions and build your networks
- We also offer opportunities for building one to one connections as well as coming together for monthly meetings

Connect with us!

Join FamilyLink and meet other families who are sharing experiences similar to yours, gain knowledge and exchange information.

For more information, email us at familylink@cltoronto.ca to connect the network in your community.