

Data Sheet - Phase 3



TARGET#: _____ DATE: _____ STAFF: _____

STEP #	OBJECTIVE/ EXPECTATION	AROUSAL RATING	MOVEMENT OUTSIDE ARM DIAGRAM
1	Enter waiting room	1 2 3 4 5	
2	Register	1 2 3 4 5	
3	Sit down on chair	1 2 3 4 5	
4	Wait to be called	1 2 3 4 5	
5	Stand up from chair	1 2 3 4 5	
6	Walk towards treatment area/room	1 2 3 4 5	
7	Sit down in "chair"	1 2 3 4 5	Y / N
8	Wait for nurse to prepare materials	1 2 3 4 5	Y / N
9	Places arm on arm-rest & nurse may check vein	1 2 3 4 5	Y / N
10	Elastic band placed onto arm	1 2 3 4 5	Y / N
11	Nurse checks personal information	1 2 3 4 5	Y / N
12	Nurse cleans skin with alcohol	1 2 3 4 5	Y / N
13	Nurse picks up needle	1 2 3 4 5	Y / N
14	Needle point touches surface of skin	1 2 3 4 5	Y / N
15	Needle punctures skin	1 2 3 4 5	Y / N
16	Waits for blood to be collected into testing tube(s)	1 2 3 4 5	Y / N
17	Needle is removed from arm	1 2 3 4 5	Y / N
18	Cotton ball and bandage/tape are applied	1 2 3 4 5	Y / N
19	elastic is released	1 2 3 4 5	Y / N
20	Pressure is applied to the site	1 2 3 4 5	Y / N
21	Individual waits until nurse says its ok to leave	1 2 3 4 5	Y / N
22	Individual exits room/area	1 2 3 4 5	Y / N

NOTES:
