

Plus 45 Clinic

Helping older adults with IDD age in place!

Our interprofessional clinical program focuses on supporting the changing needs and health of people aging with intellectual and developmental disabilities (IDD). We provide specialized support and consultation to aging adults with IDD over 45 years old, their families, and professional caregivers.

Types of Service

- ▶ Geriatric Psychiatrist
- ▶ Clinical Nurse Specialist
- ▶ Registered Behaviour Analyst

How to Make a Referral

Email the Adult Intake Team with completed “Referral for Medical Consultation” [form](#):
adult.intake@surreyplace.ca

Eligibility Criteria

1. Registered for Developmental Services Ontario
2. Living within Toronto Region
3. Referral from physician
4. Age 45+ AND one of the following issues:
 - ▶ Significant changes to the person’s physical health from baseline
 - ▶ Decline in memory and cognition
 - ▶ Changes in neuro-cognitive or mental health status
 - ▶ Decrease in activities of daily living (ADLs)
 - ▶ Multiple medications, or medications have not been reviewed in a long time
 - ▶ Evidence of medical frailty (unintentional weight loss, muscle loss/weakness, fatigue, slow walking speed & low levels of physical activity).

