FASD Family Capacity Building Workshops



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FASD Ontario is an accessible and bilingual website that will help you find the closest available FASD services, learn about a variety of FASD topics, read the latest FASD related news and find FASD training.

English: https://www.fasdinfotsaf.ca/en/

French: https://www.fasdinfotsaf.ca/fr/

Community-based FASD workers provide information, develop service plans, and help families access services and support networks.

Find your community-based FASD worker, FASD support groups, and other supports and services at:

English: https://www.fasdinfotsaf.ca/en/services/

French: https://www.fasdinfotsaf.ca/fr/services/

FASD FAMILY CAPACITY BUILDING WORKSHOPS RESOURCE LIST

TIP SHEETS

Behavioral Symptoms & Accommodations for Fetal Alcohol Spectrum Disorder (FASD) – Adrienne Ehlert Bashista, Families Affected by Fetal Alcohol Spectrum Disorder

One-page chart with behavioural symptoms and accommodations for FASD.

English: https://www.fafasd.org/wp-content/uploads/2017/01/behavioral-symptoms-accommodations-FASD.pdf

Discipline Cheat Sheet - Dr. Vanessa Lapointe

Simple phrases and ideas for defusing tough situations with your child.

English: https://drvanessalapointe.com/wp-content/uploads/2018/03/Discipline-Cheat-Sheet-Updated-6.png

8 Magic Keys - Deb Evenson and Jan Lutke

Planning for students with Fetal Alcohol Spectrum Disorder.

English: https://static.fasdoutreach.ca/resources/0-9/8-magic-keys/8-magic-keys.pdf

5 Pillars to Support Someone with FASD - Nathan Gerbrandt, CTRI

5 pillars to foster "good fit" outcomes for people with FASD.

English: https://ca.ctrinstitute.com/blog/5-pillars-supporting-someone-fasd/

TIP SHEETS

How to Advocate for Your Child or Youth with FASD - Tip Sheet

Tips on how to advocate for your child or youth with FASD at school and in other environments.

English: https://www.surreyplace.ca/rsc-how-to-advocate-for-your-child-or-youth-with-fasd/

French: https://www.surreyplace.ca/fr/rsc-how-to-advocate-for-your-child-or-youth-with-fasd/

How to Consider "Developmental Age" When Teaching Your Child with FASD - Tip Sheet

3 tips on how to consider "developmental age" when teaching your child with FASD.

English: https://www.surreyplace.ca/rsc-how-to-consider-developmental-age-in-when-teaching-your-child-with-fasd/

French: https://www.surreyplace.ca/fr/rsc-how-to-consider-developmental-age-when-teaching-your-child-with-fasd/

How to Explain FASD to Your Child or Youth - Tip Sheet

Tip sheet for when you are ready to explain FASD to your child or youth.

English: https://www.surreyplace.ca/rsc-how-to-explain-fasd-to-your-child-or-youth/

French: https://www.surreyplace.ca/fr/rsc-how-to-explain-fasd-to-your-child-or-youth

I am a Caregiver! for a Person with FASD (tip sheet version) – Education and Training Council of Alberta

Tips to support caregivers with some of the challenges of FASD.

Final.pdf

French: https://canfasd.ca/wp-

content/uploads/2019/03/Caregiver FRENCH 2019-Final.pdf

FASD FAMILY CAPACITY BUILDING WORKSHOPS RESOURCE LIST

TIP SHEETS

Ten Brain Domains (Functions) Affected by FASD – Manitoba FASD Coalition

The 10 brain domains evaluated by a diagnostic team during an FASD assessment.

English: https://www.fasdcoalition.ca/wp-content/uploads/2016/10/Ten-Brain-Domains.pdf

10 Ways to Flip a Kid - Vicki Davis

10 ways to flip a kid and turn their day around.

English: https://www.coolcatteacher.com/10-ways-to-flip-a-kid-and-turn-their-day-around/

Tips for Caregivers of Children with FASD - Manitoba FASD Network

Tips for caregivers of children with FASD.

English: https://fasdmanitoba.com/wp-content/uploads/SOSTipsheets-1.pdf



RESOURCES FOR STRATEGIES AND ACCOMODATIONS

Beyond Behaviors: Using Brain Science and Compassion to Understand and Solve Children's Behavioral Challenges – Mona Delahooke (book)

This book offers professionals, educators and parents tools and techniques to reduce behavioral challenges and promote secure relationships.

English: https://www.chapters.indigo.ca/en-ca/books/beyond-behaviors-using-brain-science/9781683731191-item.html

Circle of Security

Early intervention program for parents and children, with free videos on parenting and behaviours.

English: https://www.circleofsecurityinternational.com/

Every Day is an Adventure: What Parents and Caregivers Need to Know About Fetal Alcohol Spectrum Disorder (FASD) – Healthy Child Manitoba

Free, downloadable resource for parents and caregivers of children and teenagers with Fetal Alcohol Spectrum Disorder (FASD).

English: https://www.gov.mb.ca/fs/fasd/pubs/fasd_caregivers.pdf

FASD Behaviour Mapping Tool - The FASD Network of Saskatchewan

Downloadable, 2-page tool to help caregivers and their children do "detective work" on figuring out causes for a particular behaviour, and what might help.

RESOURCES FOR STRATEGIES AND ACCOMODATIONS

KnowFASD - "Intervention on FASD" Network Action Team, CanFASD

Online knowledge base about the effects of FASD and the interventions that may help.

English: www.knowfasd.ca

Self-Reg with Dr. Stuart Shanker and the MEHRIT Centre Resource Library

Free online resources for understanding your child's behaviour and how to respond to it

English: https://self-reg.ca/resource-library/



VISUAL SCHEDULES AND VISUAL SUPPORTS

Able2LEARN

Free, downloadable resources including social stories, and materials on health and sexuality.

English: https://able2learn.com/

ConnectABILITY - Visuals Engine

Free online visuals engine to help you build visual supports and sequences for your child.

English: https://connectability.ca/visuals-engine/

French: https://connectability.ca/visuals-engine-fr/

Do 2 Learn

Create customized teaching aids for visual learners.

English: https://do2learn.com/picturecards/VisualSchedules/index.htm

RESOURCES ABOUT FASD FROM A CHILD'S OR YOUTH'S PERSPECTIVE

Big Feelings Come and Go - Canadian Centre for Child Protection (children's book)

This downloadable storybook teaches kids about freeze, flight and fight and helps them learn some basic self-regulation skills.

English: https://protectchildren.ca/pdfs/C3P_BigFeelingsComeAndGo_storybook en.pdf

French: https://protectchildren.ca/pdfs/C3P_BigFeelingsComeAndGo_storybook fr.pdf

Cree: https://protectchildren.ca/pdfs/C3P_BigFeelingsComeAndGo_storybookcr.pdf

Ojibwe: https://protectchildren.ca/pdfs/C3P BigFeelingsComeAndGo storybook _oj.pdf

Forgetful Frankie – Jill Bobula & Katherine Bobula (children's book)

Frankie, a boy with FASD, shares with the reader the challenges he faces at home and at school.

 $\frac{https://books.apple.com/ca/book/forgetful-frankie-the-worlds-greatest-rock-skipper/id586629642}{\text{com/ca/book/forgetful-frankie-the-worlds-greatest-rock-skipper/id586629642}}{\text{com/ca/book/forgetful-frankie-the-worlds-greatest-rock-skipper/id586629642}}{\text{com/ca/book/forgetful-frankie-the-worlds-greatest-rock-skipper/id586629642}}{\text{com/ca/book/forgetful-frankie-the-worlds-greatest-rock-skipper/id586629642}}{\text{com/ca/book/forgetful-frankie-the-worlds-greatest-rock-skipper/id586629642}}{\text{com/ca/book/forgetful-frankie-the-worlds-greatest-rock-skipper/id586629642}}{\text{com/ca/book/forgetful-frankie-the-worlds-greatest-rock-skipper/id586629642}}{\text{com/ca/book/forgetful-frankie-the-worlds-greatest-rock-skipper/id586629642}}{\text{com/ca/book/forgetful-frankie-the-worlds-greatest-rock-skipper/id586629642}}{\text{com/ca/book/forgetful-frankie-the-worlds-greatest-rock-skipper/id586629642}}{\text{com/ca/book/forgetful-frankie-the-worlds-greatest-rock-skipper/id586629642}}{\text{com/ca/book/forgetful-frankie-the-worlds-greatest-rock-skipper/id586629642}}{\text{com/ca/book/forgetful-frankie-the-worlds-greatest-rock-skipper/id586629642}}{\text{com/ca/book/forgetful-frankie-the-worlds-greatest-rock-skipper/id586629642}}{\text{com/ca/book/forgetful-frankie-the-worlds-greatest-rock-skipper/id586629642}}{\text{com/ca/book/forgetful-frankie-the-worlds-greatest-rock-skipper/id586629642}}{\text{com/ca/book/forgetful-frankie-the-worlds-greatest-rock-skipper/id586629642}}{\text{com/ca/book/forgetful-frankie-the-worlds-greatest-rock-skipper/id586629642}}{\text{com/ca/book/forgetful-frankie-the-worlds-greatest-rock-skipper/id586629642}}{\text{com/ca/book/forgetful-frankie-the-worlds-greatest-rock-skipper/id586629642}}{\text{com/ca/book/forgetful-frankie-the-worlds-greatest-rock-skipper/id586629642}}{\text{com/ca/book/forgetful-frankie-the-worlds-greatest-rock-skipper/id586629642}}{\text{com/ca/book/forgetful-frankie-the-worlds-greatest-rock-skipper/id586629642}}{\text{com/ca/book/forgetful-frankie-the-worlds-greatest-rock-skipper/id586629642}}{\text{com/ca/book/forgetful-frankie-the-worlds-greates$

https://www.cavershambooksellers.com/search/097840954X

How to Explain an FASD Diagnosis to Your Child - CanFASD

Guide for how to talk to your child about their FASD diagnosis.

English: https://canfasd.ca/wp-content/uploads/2019/08/How-to-Explain-an-FASD-Diagnosis-to-your-Child.pdf

RESOURCES ABOUT FASD FROM A CHILD'S OR YOUTH'S PERSPECTIVE

Me & My FASD

Website for young people with FASD who would like more information about FASD, and things that help.

English: https://fasd.me/

Myles Himmelreich - Finding Purpose

Myles Himmelreich is an advocate and public speaker living with FASD – free videos for young adults and adults.

https://www.myleshimmelreich.com/

Sam's Bear - Merryl Hammond and Rob Collins; illustrated by Marian Snow (children's book)

Illustrated story for children followed by a guide for parents and teachers explaining brain development and what may affect it in early years.

English: https://www.fasdinfotsaf.ca/wp-content/uploads/2019/05/Sams_Bear_EN_Reduced.pdf

French: https://www.fasdinfotsaf.ca/wp-content/uploads/2019/05/Lourson-de-Sam FR Reduit.pdf

So You Have Been Diagnosed with FASD. Now What? - Boyle Street Education Centre & Agnieszka Olszewska (book)

A downloadable handbook of hopeful strategies for youth and young adults.

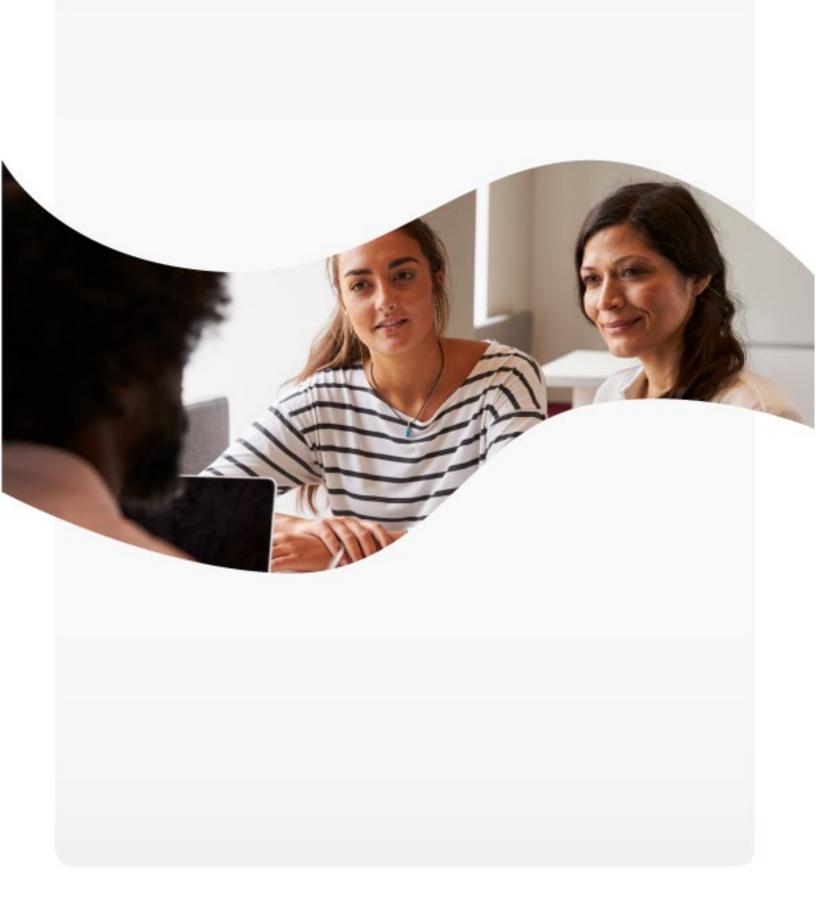
English: https://www.bsec.ab.ca/pdf/So_You_Have_Been_Diagnosed_With_FASD_Now_What_Education_Resource.pdf

RESOURCES ABOUT FASD FROM A CHILD'S OR YOUTH'S PERSPECTIVE

This is Me

A visual learning tool designed to assist people with Fetal Alcohol Spectrum Disorder (FASD), along with their families, caregivers, educators, practitioners and others, to gain a better understanding of common strengths and challenges.

English: https://mefasd.com/



FASD FAMILY CAPACITY BUILDING WORKSHOPS RESOURCE LIST

SEXUALITY

AMAZE

AMAZE takes the awkward out of sex ed.

English: https://amaze.org/

Sex & U

Resource for sexual and reproductive health.

English: https://www.sexandu.ca/

French: https://www.sexandu.ca/fr/

teachingsexualhealth.ca

Up-to-date, evidence-based information and strategies for teachers, educators, and parents of children from birth up to 18 years of age.

English: https://teachingsexualhealth.ca/

TRANSITIONING TO ADULTHOOD

Strategies for Individuals with FASD - Northeast Alberta FASD Network

Information and strategies for young adults and adults with FASD.

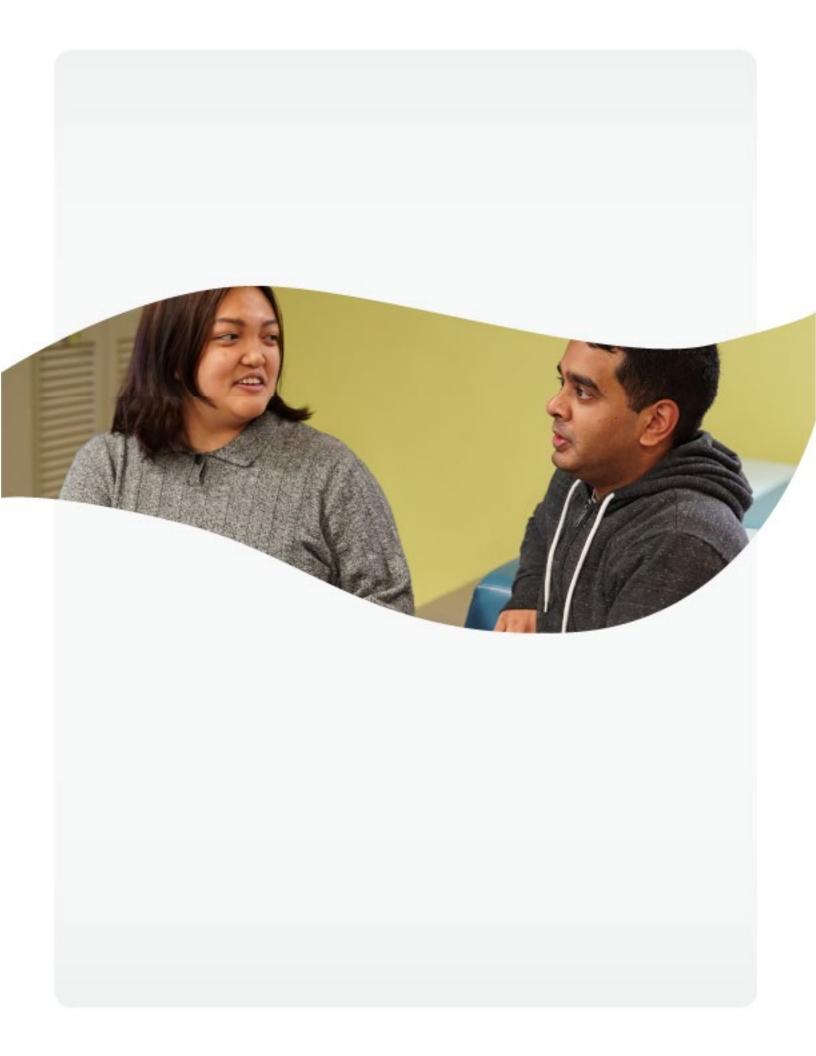
English: https://neafan.ca/strategies-for-individuals-with-fasd/

Tips for Employment - The FASD Network of Saskatchewan

Resource to create strategies for individuals with FASD with employment.

English: https://ac965253-06fe-4ffb-8eb5-c38685bfd030.filesusr.com/ugd/6eb

9fe_ef3516a9077d4eee985e2c434ce1196c.pdf



INTERDEPENDENCE

Safe and Secure - Al Etmanski, with Jack Collins and Vickie Cammack (book)

Free, downloadable guidebook for parents and other family members who are concerned about the future of their relative with a disability, particularly after the parents are gone.

English: https://planinstitute.ca/learning-centre/publications/safe-and-secure/

Safe and Secure Worksheets

Free, downloadable worksheets from the book Safe and Secure.

English: https://planinstitute.ca/safe-and-secure-worksheets/

Safety Crisis Plan for Families and Caregivers (FASD) - Health Nexus

One-page tool for families affected by FASD to prepare for difficult situations.

English: https://resources.beststart.org/product/j43e-fasd-safety-crisis-plan-one-pager/

INFORMATION FOR SIBLINGS AND EXTENDED FAMILY MEMBERS

Engaging All Learners (Alberta)

Collection of professional learning resources, including the free video series, "Supporting Students with Fetal Alcohol Spectrum Disorders".

English: http://www.engagingalllearners.ca/il/supporting-students-with-fasd/

The FASD Network of Saskatchewan

Resources such as free booklets, awareness and education for families and professionals.

English: https://www.saskfasdnetwork.ca/

Government of Manitoba - FASD Resources

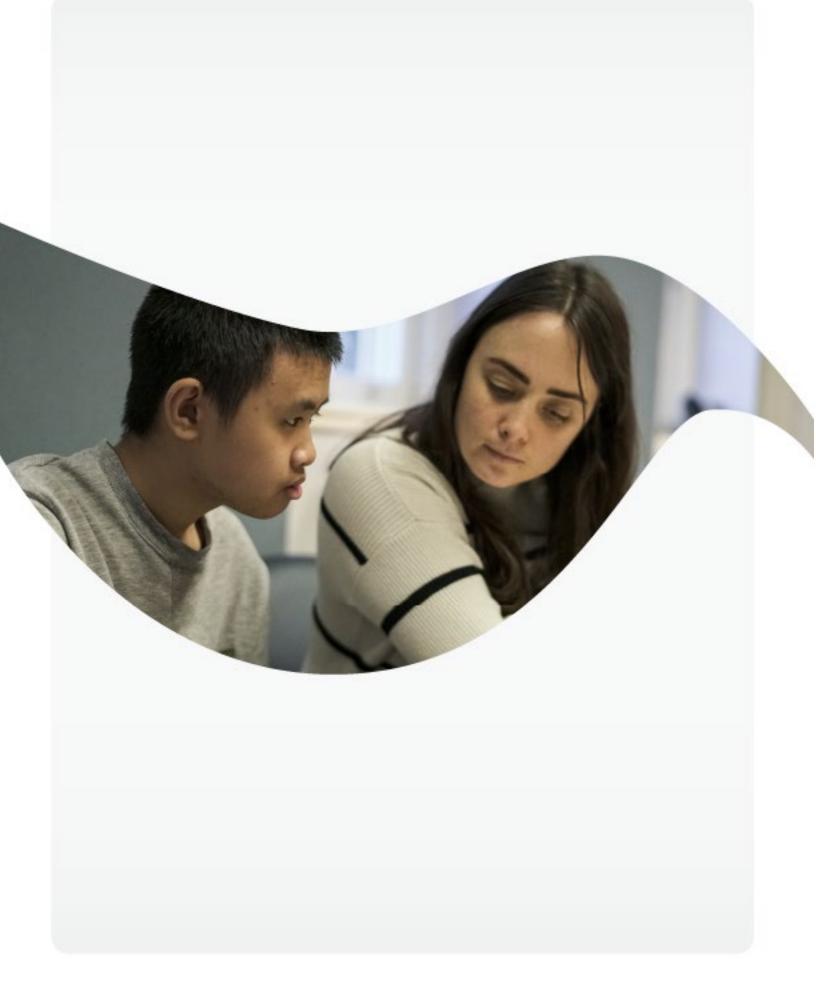
This website has links to several resources which can help inform family members of FASD.

English: https://www.gov.mb.ca/fs/fasd/resources.html

My sibling has a FASD... Can I catch it? (book) – U.S. Department of Health and Human Services

This booklet can help answer questions siblings may have about FASD, and ways to help.

English: https://www.yumpu.com/en/document/read/41079821/my-sibling-has-a-fetal-alcohol-spectrum-disorder-can-i-catch-it



ADVOCACY

Advocacy Tool Kit - Holland Bloorview

Demonstrates how to apply advocacy skills to different situations throughout early childhood and adolescence.

English: https://hollandbloorview.ca/advocacy-tool-kit

All About Me tool - Cindy Male

This tool can be used to explain your child's strengths, needs, and difficulties related to his or her diagnosis of FASD, as well as strategies that can help those working with your child.

English: https://www.fasdwaterlooregion.ca/assets/documents/ALL-ABOUT-ME_FINAL.pdf

Dr. Mela's Medication Algorithm - Dr. Mansfield Mela et al., 2018

A decision-tree style medication algorithm to guide prescribers as they see patients with Fetal Alcohol Spectrum Disorder (FASD).

English: https://canfasd.ca/algorithm/

FASD & Justice

This website is designed for justice system professionals and others who want to understand more about FASD.

English: https://www.fasdjustice.ca/

French: https://www.fasdjustice.ca/fr/

FASD FAMILY CAPACITY BUILDING WORKSHOPS RESOURCE LIST

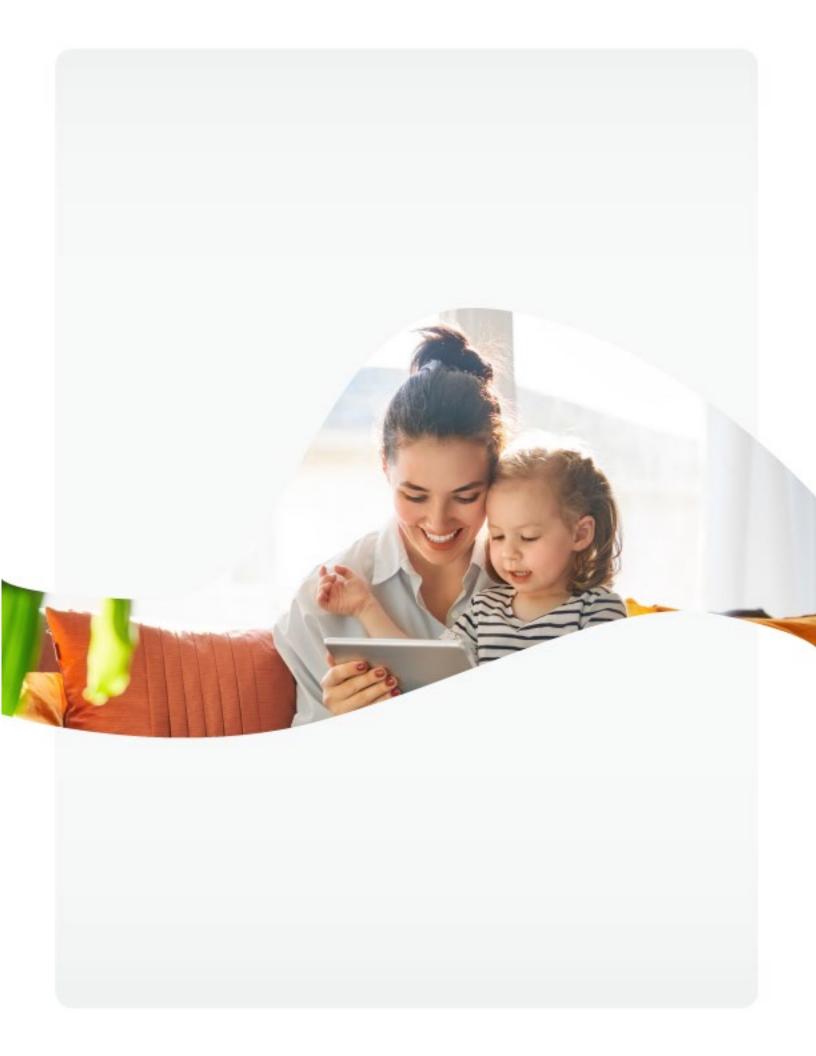
ADVOCACY

MedicAlert Bracelets FASD Pilot Program

MedicAlert is running a pilot program for Canadians with a formal diagnosis or probable diagnosis of FASD.

Contact: 1-800-668-1507

Application – English: https://edmontonfetalalcoholnetwork.org/wp-content/uploads/2018/03/medicalert-bracelets-fasd-pilot-program.pdf



FASD SUPPORT GROUPS AND NETWORKS

FASD Ontario online portal

Find FASD supports and services near you including your FASD worker, and FASD support groups.

English: https://www.fasdinfotsaf.ca/en/services/

French: https://www.fasdinfotsaf.ca/fr/services/

Fetal Alcohol Spectrum Disorder (FASD) Family / Caregiver Support Group Funded Group List 2020-21

List of funded FASD support groups in Ontario.

 $English: \underline{https://www.fasdinfotsaf.ca/wp-content/uploads/2020/11/FASDSupport}\\$

Groups_ListForWebsite_2020-21.pdf

ADOPTIVE PARENTS

Adopt4Life

A community of people with lived experience that strengthens and empowers parents and caregivers to achieve permanency for children so that they reach their full potential.

English: https://www.adopt4life.com/

French: https://www.adopt4life.fr/

Non-Indigenous Caregivers Caring for Indigenous Children with FASD – FASD Ontario

A guide to culture for non-Indigenous caregivers to provide the best parenting for the Indigenous child with FASD whom they care for.

English: https://www.fasdinfotsaf.ca/wp-content/uploads/2019/07/FASD Indigenous Final July2019.pdf



FASD EDUCATION

Building Circles of Support - The Manitoba FASD Network

An educational series for caregivers and professionals who provide support for children and youth with FASD.

English: https://fasdmanitoba.com/building-circles-of-support/

CanFASD Online Courses

Online courses and training on FASD.

English: https://canfasd.ca/online-learners/

Engaging All Learners! - Edmonton Regional Learning Consortium (ERLC)

Free video series on supporting students with FASD.

English: http://www.engagingalllearners.ca/il/supporting-students-with-fasd/

The FASD Network of Saskatchewan

Provides training and free online resources to professionals, individuals, and families living with FASD.

English: https://www.saskfasdnetwork.ca/

I am a Caregiver! Resource Guide – Dorothy Badry, PHD, RSW and Jamie Hickey, MSW, RSW

Free resource guide for those providing care to a person with FASD.

English: https://canfasd.ca/wp-content/uploads/2018/03/Caregiver-Resource-Guide-FASD-March-2018.pdf

FASD EDUCATION

POPFASD

Current research, ideas, strategies, training and resources to build capacity for students with FASD and their teachers.

English: https://www.fasdoutreach.ca/

What Early Childhood Educators Need to Know about Fetal Alcohol Spectrum Disorder (FASD) – Healthy Child Manitoba

Guide for staff, early childhood educators (ECEs) and child care assistants (CCAs), who work in child care programs with children with Fetal Alcohol Spectrum Disorder (FASD).

English: https://www.gov.mb.ca/fs/fasd/pubs/fasdearly-en.pdf

French: https://www.gov.mb.ca/fs/fasd/pubs/fasdearly_fr.pdf

What Educators Need to Know about FASD - Healthy Child Manitoba

Resource guide for teachers and parents with strategies for the classroom and at home.

English: https://www.gov.mb.ca/fs/fasd/pubs/fasdeducators_en.pdf

French: https://www.gov.mb.ca/fs/fasd/pubs/fasdeducators_fr.pdf



FASD FAMILY CAPACITY BUILDING WORKSHOPS RESOURCE LIST

CURRENT RESEARCH

CanFASD

CanFASD is a collaborative, interdisciplinary research network, with collaborators, researchers and partners across the nation.

https://canfasd.ca/

Access 2 Card Program

The Access 2 card is for people of all ages and types of permanent disabilities who require the assistance of a support person at hundreds of participating entertainment, cultural and recreational venues across Canada.

English: http://access2card.ca/

French: http://access2card.ca/fr/

Assistance for Children with Severe Disabilities (ACSD)

This program provides financial support for low- to moderate-income families to cover some of the extra costs of caring for a child who has a disability.

Contact:

The Ministry of Children, Community and Social Services at 1-888-789-4199.

English: http://www.children.gov.on.ca/htdocs/English/specialneeds/disabilities.aspx

French: http://www.children.gov.on.ca/htdocs/French/specialneeds/disabilities.aspx

Assistive Devices Program

This program helps Ontario residents with long-term physical disabilities pay for customized equipment, like wheelchairs and hearing aids.

English: https://www.ontario.ca/page/assistive-devices-program

French: https://www.ontario.ca/fr/page/programme-dappareils-accessoires-

<u>fonctionnels</u>

Child Disability Benefit

The Child Disability Benefit is a tax-free monthly payment made to families who care for a child under age 18 with a severe and prolonged impairment in physical or mental functions.

Contact:

English: 1-800-387-1193 French: 1-800-387-1194

English: https://www.canada.ca/en/revenue-agency/services/child-family-

benefits/child-disability-benefit.html

French: https://www.canada.ca/fr/agence-revenu/services/prestations-enfants-

familles/prestation-enfants-handicapes.html

Developmental Services Ontario (DSO)

DSO is the access point for adult developmental services funded by the Ministry of Children, Community and Social Services (MCCSS) in Ontario.

English: https://www.dsontario.ca/

French: https://www.sopdi.ca/fr/

EarlyON Child and Family Centres

EarlyON centres offer free, high-quality programs for families and children from birth to 6 years old.

English: https://www.ontario.ca/page/find-earlyon-child-and-family-centre

French: https://www.ontario.ca/fr/page/trouver-un-centre-pour-lenfant-et-la-

famille-y-va

Easter Seals Disability Travel Card

The Disability Travel Card is for people of all types of permanent disabilities who require the assistance of a support person when travelling with VIA Rail Canada, Greyhound Canada, Coach Canada, and Ontario Northland.

English: https://easterseals.ca/english/wp-content/uploads/2018/08/Disability-Travel-Card-NEWEST-Application-Form-EN.pdf

French: https://easterseals.ca/english/wp-content/uploads/2018/08/Disability-Travel-Card-NEWEST-Application-Form-FR.pdf

Easter Seals Incontinence Supplies Grant (Diaper) Program

For residents of Ontario between the ages of 3 to 18 years who have a chronic disability (physical or developmental) that results in irreversible incontinence or retention problems.

English: https://services.easterseals.org/incontinence-supplies-grant/

French: https://services.easterseals.org/incontinence-supplies-grant/incontinence-su

Enhanced Respite Funding

Funding that caregivers may access who have a child living at home with multiple special needs and/or developmental disability under the age of 18.

Contact the ministry's regional office nearest you.

English: http://www.children.gov.on.ca/htdocs/English/about/regionaloffices.aspx

French: http://www.children.gov.on.ca/htdocs/French/about/regionaloffices.aspx

Healthy Babies Healthy Children

The purpose of Ontario's Healthy Babies Healthy Children Program is to help children get a healthy start in life.

English: http://www.children.gov.on.ca/htdocs/English/earlychildhood/health/ index.aspx

French: http://www.children.gov.on.ca/htdocs/French/earlychildhood/health/ index.aspx

Indigenous Fetal Alcohol Spectrum Disorder / Child Nutrition Program (FASD/CNP)

The FASD/CNP is designed and delivered by Indigenous service providers to Indigenous children, youth and families across Ontario, providing healthy lifestyle education, personal support, and traditional cultural activities which promote FASD prevention and healthy nutrition.

English: http://www.children.gov.on.ca/htdocs/English/indigenous/fasd.aspx

French: http://www.children.gov.on.ca/htdocs/French/indigenous/fasd.aspx

The Inuit Child First Initiative

The Inuit Child First Initiative ensures Inuit children have access to the essential government funded health, social and educational products, services and supports they need, when they need them.

National Call Centre (English): 1-855-572-4453

National Call Centre (French): 1-833-753-6326

English: https://www.sac-isc.gc.ca/eng/1536348095773/1536348148664

French: https://www.sac-isc.gc.ca/fra/1536348095773/1536348148664

Jordan's Principle

Jordan's Principle makes sure all First Nations children living in Canada can access the products, services and supports they need, when they need them.

Jordan's Principle Call Centre (English): 1-855-JP-CHILD (1-855-572-4453)

Jordan's Principle Call Centre (French): 1-833-PJ-ENFAN (1-833-753-6326)

English: https://www.sac-isc.gc.ca/eng/1568396042341/1568396159824

French: https://www.sac-isc.gc.ca/fra/1568396042341/1568396159824

Ontario Disability Support Program (ODSP)

This program provides financial assistance to individuals with a disability who are over 18.

English: https://www.mcss.gov.on.ca/en/mcss/programs/social/odsp/

French: https://www.mcss.gov.on.ca/fr/mcss/programs/social/odsp/index.aspx

Ontario Works

If you don't have enough money for food and housing, or if you have a disability and are in financial need, you can apply for financial and employment assistance through Ontario Works or the Ontario Disability Support Program (ODSP).

English: https://www.ontario.ca/page/social-assistance

French: https://www.ontario.ca/fr/page/aide-sociale

Passport Funding

This program helps adults with a developmental disability be involved in their communities and live as independently as possible by providing funding for community participation services and supports, activities of daily living and persondirected planning.

English: https://www.dsontario.ca/passport-program

French: https://www.sopdi.ca/fr/passport-program

Respiteservices.com

Respiteservices.com is a network of agencies collaborating to provide a wide range of respite options for families.

www.respiteservices.com

Special Services at Home (SSAH)

This program helps families who are caring for a child with a developmental and/or physical disability pay for special services in or outside the family home including respite.

Contact:

The Ministry of Children, Community and Social Services at 1-888-789-4199.

Fnglish:

http://www.children.gov.on.ca/htdocs/english/specialneeds/specialservices.aspx

French:

http://www.children.gov.on.ca/htdocs/French/specialneeds/specialservices.aspx

Trillium Drug Program

This program is intended for Ontario residents who have high prescription drug costs in relation to their net household income.

Contact:

1-800-575-5386

English: https://www.ontario.ca/page/get-help-high-prescription-drug-costs

French: https://www.ontario.ca/fr/page/obtenez-une-aide-pour-les-couts-eleves-

des-medicaments-dordonnance



OTHER FINANCIAL SUPPORTS

Disability Tax Credit (DTC)

The disability tax credit (DTC) is a non-refundable tax credit that helps persons with disabilities or their supporting persons reduce the amount of income tax they may have to pay.

English: https://www.canada.ca/en/revenue-agency/services/tax/individuals/segments/tax-credits-deductions-persons-disability-tax-credit.html

French: https://www.canada.ca/fr/agence-revenu/services/impot/particuliers/segments/deductions-credits-impot-personnes-handicapees.html

Contact:

1-800-959-8281 (English) 1-800-959-7383 (French)

Information for medical practitioners:

English: https://www.canada.ca/en/revenueagency/services/tax/individuals/segments/tax-credits-deductions-personsdisabilities/information-medical-practitioners/eligibility-criteria-disability-taxcredit.html

French: https://www.canada.ca/fr/agence-revenu/services/impot/particuliers/segments/deductions-credits-impot-personnes-handicapees/renseignements-professionnels-sante/criteres-admissibilite-credit-impot-personnes-handicapees.html

OTHER FINANCIAL SUPPORTS

Registered Disability Savings Plan (RDSP)

A Registered Disability Savings Plan (RDSP) is a savings plan that is intended to help parents and others save for the long-term financial security of a person who is eligible for the disability tax credit (DTC).

Contact:

1-800-959-8281 (English) 1-800-959-7383 (French)

English: https://www.canada.ca/en/revenue-

agency/services/tax/individuals/topics/registered-disability-savings-plan-rdsp.html

French: https://www.canada.ca/fr/agence-

revenu/services/impot/particuliers/sujets/regime-enregistre-epargne-invalidite-

reei.html

Registered Education Savings Plan (RESP)

A Registered Education Savings Plan (RESP) is a special savings account for parents who want to save for their child's education after high school.

English: https://www.canada.ca/en/services/benefits/education/education-savings/resp.html

French: https://www.canada.ca/fr/services/prestations/education/epargne-

etudes/reee.html

FASD FAMILY CAPACITY BUILDING WORKSHOPS RESOURCE LIST

LEAD PARTNERS

The FASD Family Capacity Building Workshops Resource List was made available by lead partners the Coordinated Service Planning Provincial Network, Surrey Place, and Reach Out Centre for Kids (ROCK).

The Coordinated Service Planning Provincial Network comprises a consortium of 28 Coordinated Service Planning Lead Agencies from across Ontario. As sponsors for the workshop with funding from the Ministry of Children, Community and Social Services (MCCSS), the Network comes with extensive knowledge of FASD in terms of research, the provision of clinical and family support services and the delivery of the FASD Worker program.

<u>Surrey Place</u> helps children and adults living with developmental disabilities, autism spectrum disorder, and visual impairments reach their full potential. They offer a variety of groups and workshops for clients, families and caregivers, as well as extensive education and consultation services to community agencies. Surrey Place has two FASD diagnostic clinics as part of their Children and Youth, and Adult programs.

ROCK has been the lead for the Halton FASD collaborative since 2014, which is made up of Education, Hospital, Justice, Addictions, Child Welfare, Mental Health, Developmental Services, Parents and Caregivers. The collaborative's mandate is to build awareness, identify and address gaps through the provision of a FASD diagnostic clinic, a multidisciplinary resource team and FASD support workers.

SUPPORTING PARTNERS

The additional agencies comprising the consortium of lead agencies under the Coordinated Service Planning Provincial Network include:

- CHEO-Ottawa Children's Treatment Centre
- Children's Centre Thunder Bay
- Children's Community Network Sudbury
- Children's Treatment Centre of Chatham Kent
- Children's Treatment Network of Simcoe York
- <u>Cochrane Timiskaming Children's Treatment Centre</u>
- Community Services Coordination Network
- Contact Brant
- Contact Hamilton
- Coordinated Access
- Dufferin Child and Family Services
- ErinoakKids
- Family & Children's Services of Renfrew County
- FIREFLY
- Five Counties Children's Centre/HPCKL CSP Region
- Haldimand-Norfolk R.E.A.C.H.
- Hotel-Dieu Grace Healthcare
- Keystone Child, Youth & Family Services
- KidsInclusive-Kingston Health Sciences Centre
- Mushkegowuk-Moose Factory
- One Kids Place
- Pathways Health Centre for Children
- Quinte Children's Treatment Centre
- Resources for Exceptional Children and Youth
- Sunbeam Developmental Resource Centre
- Thrive Child Development Centre

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