

BLOOD DRAW TOOLKIT

My Blood Test Social Story

SURREY  **PLACE**



My Doctor wants to know more about my health and he requests blood for me.

I will go to my local blood lab





I need to take a number.

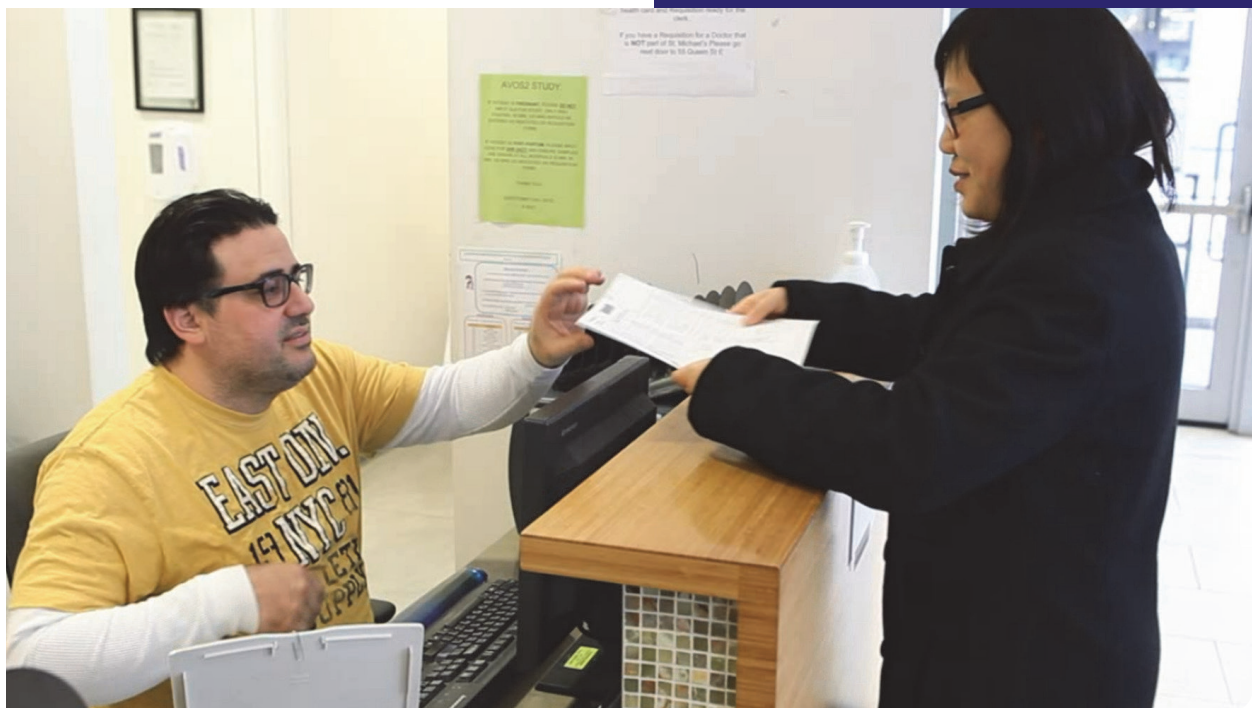
And I need to wait
because there are
other people waiting to
have blood tests too.





The staff behind the counter will call my number

And will take my blood requisition form to register me.





After registering I will sit back down and wait.

Then the nurse will call my name. Now it's my turn to go into the lab.



After I agree, the nurse checks both my arms for a good vein. It will be done faster if I sit still and keep calm. I know the needle prick is like a mosquito bite, it pinches a little bit and I will not feel much pain if I keep my arm still.

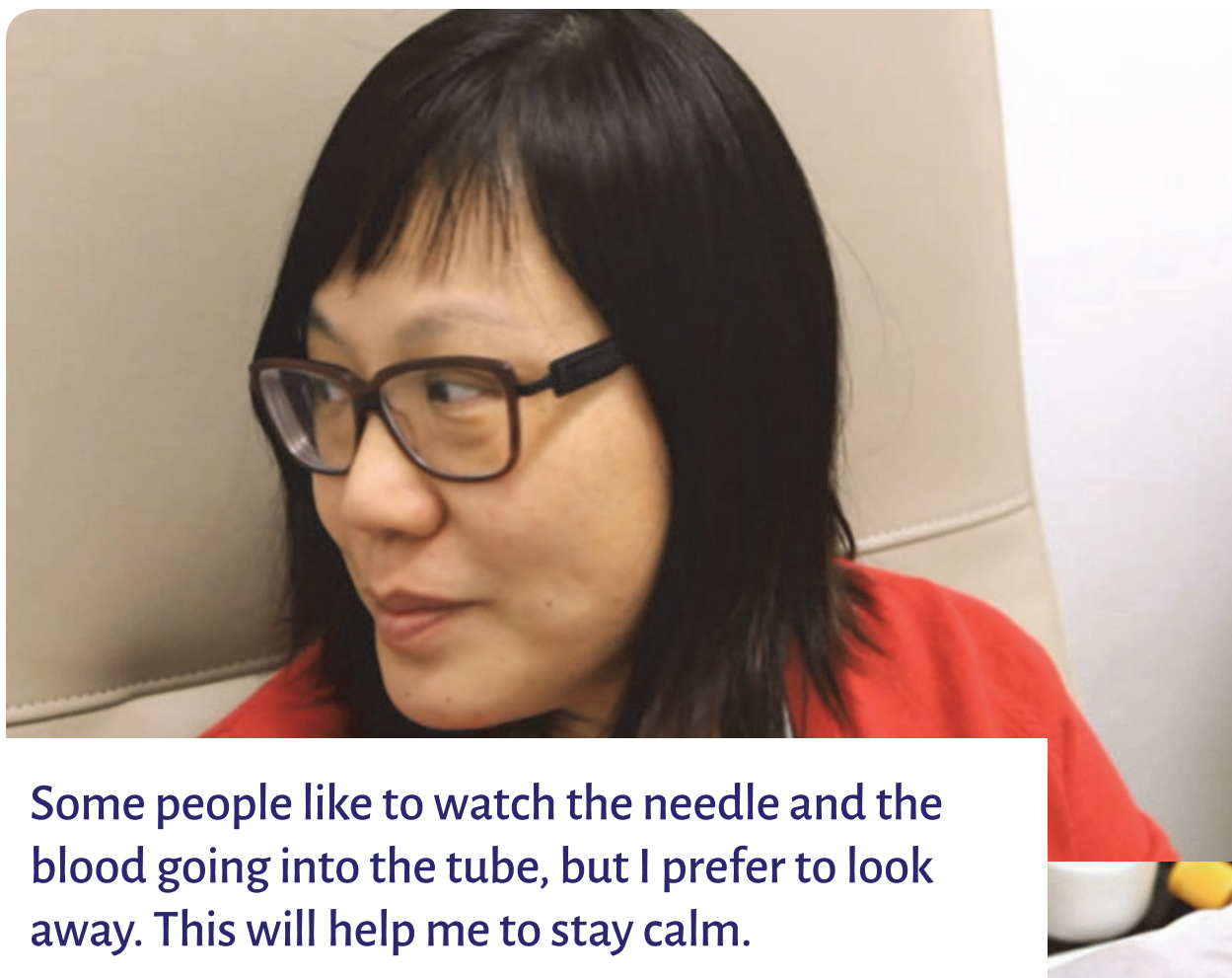


The nurse will put a rubber band on my arm to help see my veins. I can make a fist or use a squeeze ball to help. It will not hurt, but it might feel a bit tight on my arm.



Before the nurse takes my blood she will clean my skin. It will feel cool and wet on my arm, but it won't hurt.

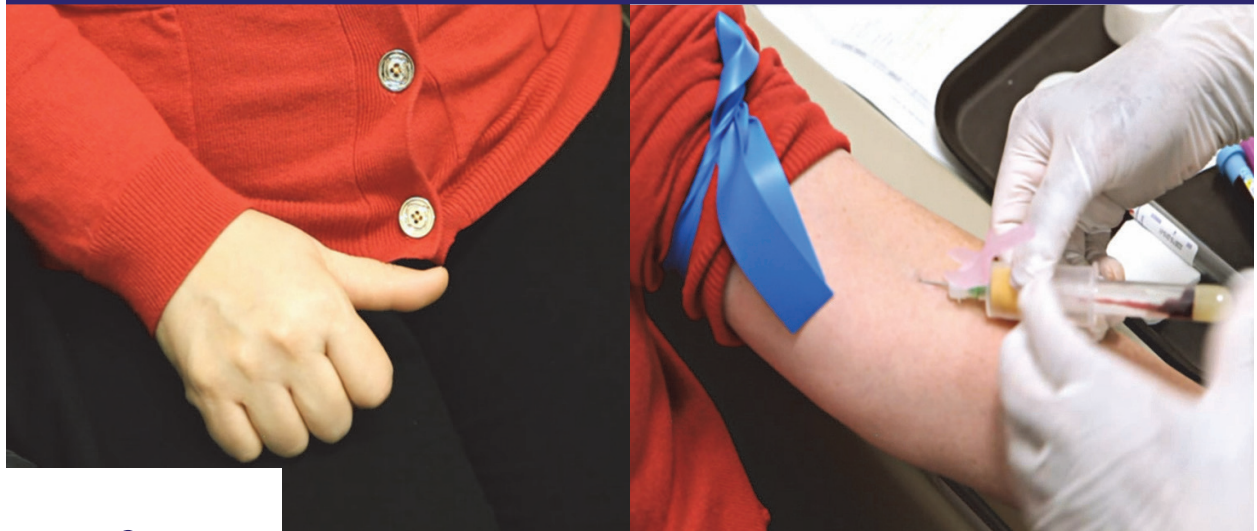




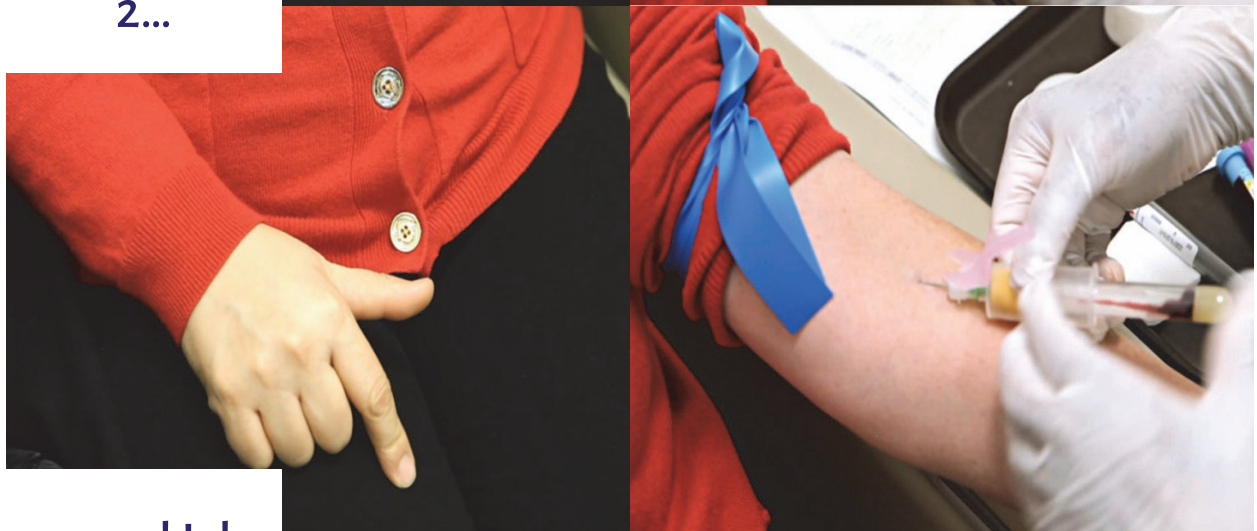
Some people like to watch the needle and the blood going into the tube, but I prefer to look away. This will help me to stay calm.



The nurse tells me to count from 1...



2...



3... and I do





After the blood is collected, the nurse will remove the rubber band

before taking the needle out.

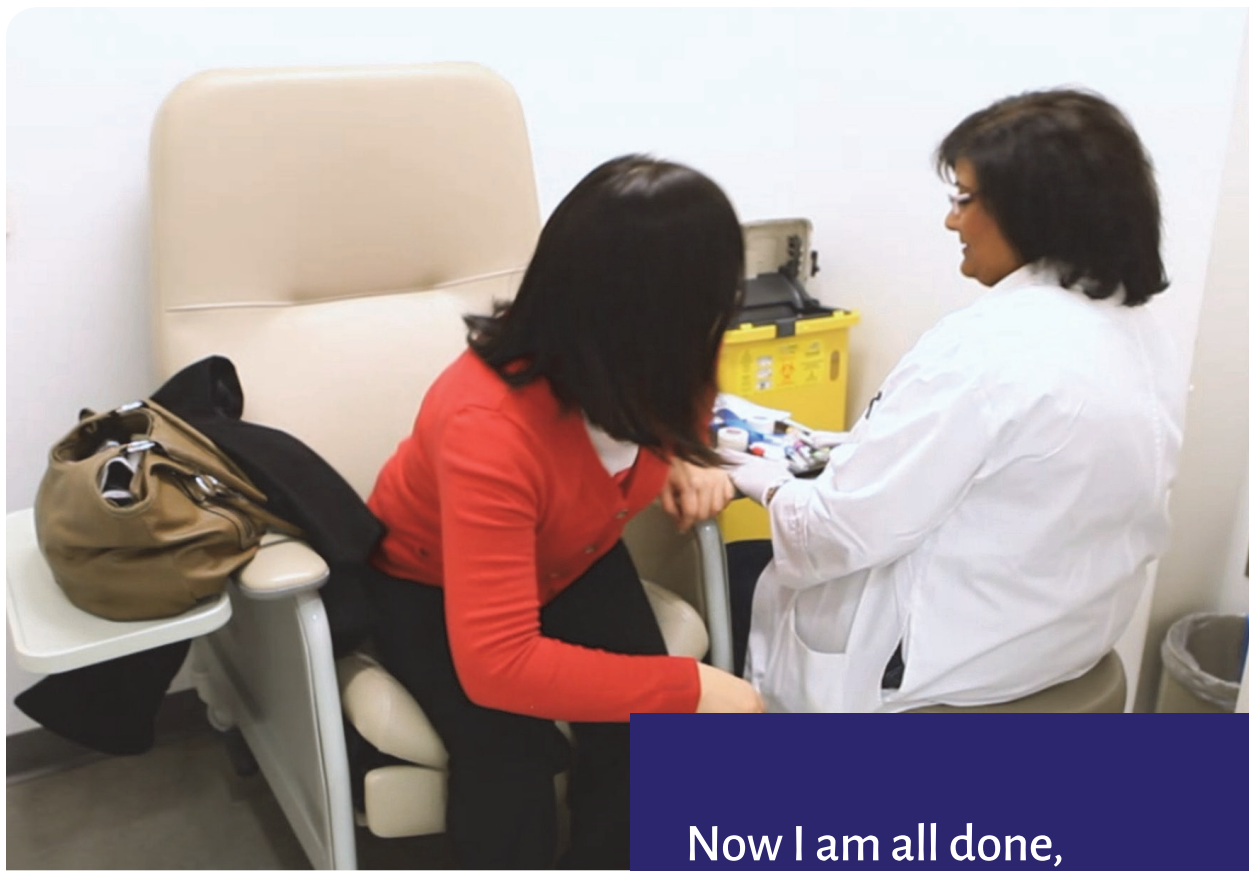




The she will use a cotton ball and press on my arm to help stop any bleeding.

Once the bleeding has stopped, she will put a bandage on my arm.





Now I am all done,
and I can leave!