

Resources for Tooth Brushing

WEBSITES BOOKS AND PRINT MEDIA

- **Autismspeaks.org** - Provides resources specific to oral hygiene for children with ASD
- **HealthyTeeth.org** - Outlines facts about healthy oral hygiene, as well as oral hygiene related quizzes, videos, and coloring sheets for kids!
- **Kidsoralhealth.org** - Provides an easy to read overview of all issues related to childhood oral hygiene and health
- **Canadian Dental Association** - Offers extensive information about adult & pediatric oral health www.cdaadc.ca

SMART PHONE APPS FOR TOOTH BRUSHING TIME

- **Youtube Video - Title:** How to Brush your Teeth Properly- For Kids
- **Singer Dental Brushing App:** Your child can earn points by brushing along to their favorite song!
 - ▶ Price = Free
- **Brush Teeth FREE:** An interactive app that visually shows your child how to brush away food
 - ▶ Price = Free
- **T-Rex Toothbrush Timer:** Your child can brush along with T-rex and his mouth full of big teeth!
 - ▶ Price = \$0.99

PRODUCTS FOR TOOTH BRUSHING

- **Brush Buddies:** An electric toothbrush's that sing popular songs while your child brushes their teeth (Available on their website brushbuddies.com)
- **Child Friendly Flossers:** GUM Crayola Kid's flossers (Available at Wal-Mart)
- **Nuk training toothbrush:** Can be used for as a precursor to a regular toothbrush (Available at Toys- R-Us/Babies-R-Us and Wal-Mart)
- **Tooth Tunes:** An electric toothbrush that sings songs while your child brushes their teeth (Available at Wal-Mart)

BOOKS AND PRINT MEDIA

- **Healthy Smiles for Autism: Oral Hygiene tips for Children with Autism Spectrum Disorder:** A Guide For Parents about oral health issues specific to autism, including strategies for successful visits at the dentist Available Free Online at: www.upmchealthplan.com/pdf/HealthySmilesForAutism.pdf

FUN BOOKS ABOUT TEETH BRUSHING FOR KIDS!

- **Sesame Street: Ready, Set, Brush** By Sesame Street and Che Rudko
- **Brushing my Teeth!** By Dawn Sirett
- **Pony Brushes His Teeth** By Michael Dahl
- **Caillou: I can Brush My Teeth** By Sarah Margaret Johnson