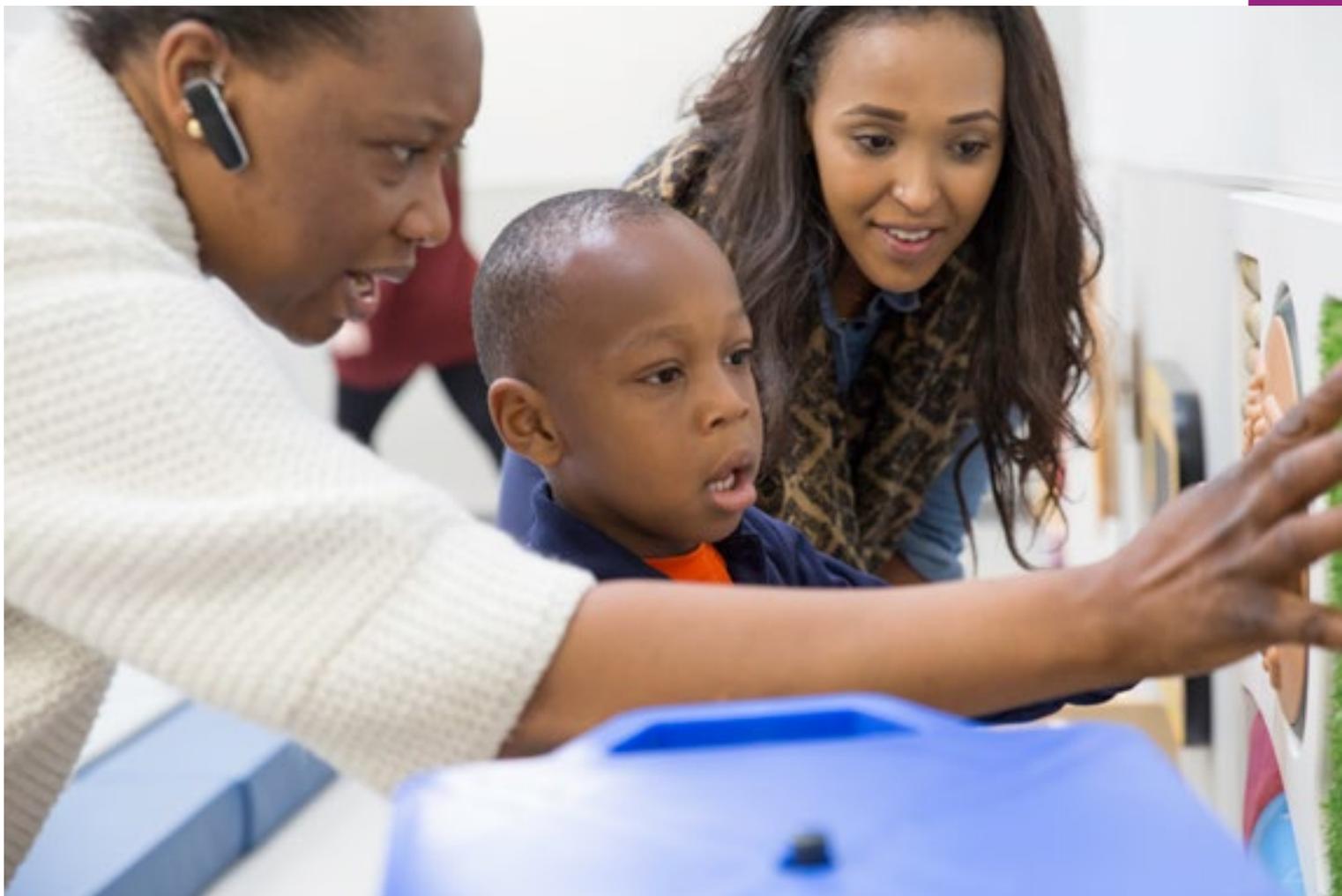


Transitions

Team

Supporting agencies in
transitioning persons with
developmental disabilities



WHAT IS THE TRANSITIONS TEAM?

Any transition requires unique social, communication, behavioural and educational strategies. For some individuals, a time of transition can be a time of crisis that may require specialized supports to meet complex behavioural or medical challenges.

Surrey Place's Transitions Team is a unique service that can support these complex and crucial situations through customizable, interdisciplinary services. These interdisciplinary services are designed for organizations to support individual transitions for people with intellectual and developmental disabilities (IDD), including autism spectrum disorder (ASD), fetal alcohol spectrum disorder (FASD), and others. The Team offers

services for individuals of all ages by preparing environments and staff with appropriate clinical services, tools, resources and education in order to ensure successful outcomes and to prevent crises. We work directly with organizations in supporting their work with family members and care providers.



THE NEED

Periods of change may cause behaviour disturbances and stress in the lives of individuals with developmental disabilities. These Individuals often have unique needs that can become barriers to accessing appropriate educational supports, housing, convalescent care, rehab services and palliative care.



Individuals with IDD are 6.5 times more likely to remain in hospital despite being recovered enough for discharge



Individuals with IDD are 17.5 times more likely to live in a long-term care facility than adults without IDD.



80% of families supporting an individual with autism report being at risk for a crisis or have experienced a crisis due to sensitivities associated with autism.



Events that precipitate a crisis and require emergency services are usually associated with externalizing behaviours. These behaviours may make it difficult for caregivers, agencies, schools or hospitals to help the individual to remain stable especially in a time of transition.

THE SOLUTION

Our Team works to reduce the instability and insecurity felt during periods of crisis through rapid-response, professional, clinical services. We help people to remain connected to their communities, their loved ones and circles of support.

Evidence shows that a multi-disciplinary approach can support individuals with IDD in interactions with health, educational, residential, long-term care, justice systems and community service agencies.

AREAS OF WORK

① **SCHOOL** – Working alongside school professionals we provide small or large transitions for children and youth with a focus on those that present with complex, maladaptive behaviours and aggression. Services are offered within the Toronto and the Greater Toronto Area (GTA) school boards.

② **RESIDENTIAL** – The Transitions Team will collaborate with an existing service provider to facilitate planning, assessment needs, and behaviour skills training for the receiving residential primary care providers. This work includes individuals moving to and from pre-existing residential supports.

③ **JUSTICE SYSTEM** – This service focuses on youth and adults with IDD, autism or FASD transitioning out of the justice system back into the community and who require additional behaviour management plans, assessments and behaviour skills training.

④ **HOSPITAL** – We address any need for a transition into or out of hospital settings by effectively engaging with medical professionals and families/caregivers in discharge planning.

⑤ **LONG TERM CARE** – Surrey Place has developed a specialized clinic that supports individuals with IDD who are ageing and need critical supports. Including urgent transitions required for seniors with IDD, palliative care referrals, dementia diagnosis, intake and discharge from hospital or health care settings.



THE TEAM INCLUDES

Every Team is individualized to each client's needs, and may include any of the following professionals at Surrey Place:

- ASD consultants
- Audiologist
- Behaviour Therapists
- Blind and Low Vision Care
- FASD Consultant
- Occupational Therapists
- Psychiatrists
- Psychologists
- Social Workers
- Speech Language Pathologist
- Trainers, educators and workshop specialists

HOW DO WE WORK?

We work collaboratively with partners to ensure we find the best solutions that work for all. Below is our process:

- 1 INDIVIDUALIZED CONSULTATION** – A Transitions Team member will meet with your organization to discuss the challenges and transition needs. The team will ensure that any available or waitlisted Ministry of Children and Community Social Services are identified, utilized and referred to in an effort to support long term access to funded services.
- 2 DESIGNING A SERVICE PLAN** – We will devise a client-centered Service Plan ensuring all challenges have a work plan.
- 3 PLAN IMPLEMENTATION** – Once a Service Plan is approved, our team of professionals will meet with the individual in service, your organization's staff and with members of the client's circle of support. We ensure that the individual at the center of the Plan and all stakeholders (family members, friends, facilitators and community connections) are kept informed and are included in the Service Plan.
- 4 ONGOING EVALUATION, RESULTS TRACKING, AND FINAL REPORT** – The Transitions Team staff will work collaboratively with your organization, through constant open communication, to track progress, challenges, and solutions. We measure success along the way and make plan adjustments as needed to ensure goals are met.



COST

Transitions Team services are offered on a fee-for-service basis. Since our plans are highly individualized, cost per Team varies depending on the needs of the contracting agency. This service is designed for professionals, agencies, and organizations.

We will provide a comprehensive, itemized quote after the first complementary consultation based on a customized Service Plan design. Surrey Place offers payment plans, connect with us to find out more.

CONTACT US TODAY FOR AN INDIVIDUALIZED QUOTE AND SERVICE PLAN DESIGN

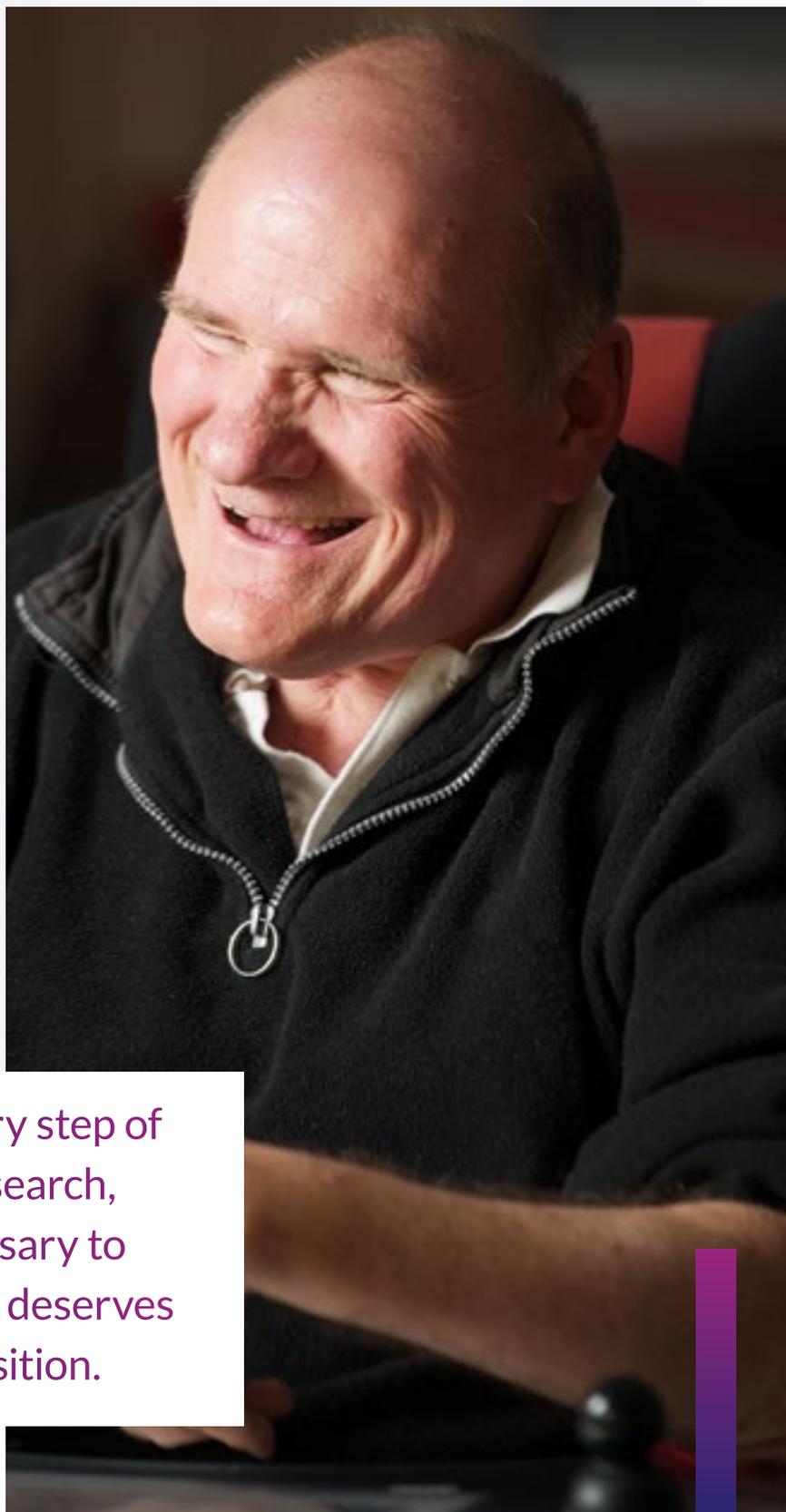
T: 416 925-5141 ext 2343

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A TRANSITION STORY

David* is a 58-year-old man with an intellectual disability. After the death of his father, David's health critically deteriorated, which was compounded by a few falls. He was hospitalized then became bed bound. The Transitions Team was mobilized to help him return home, supporting before, during and after the hospital discharge. David's complex needs associated with intellectual disability and advanced Alzheimer's Disease were met. David was provided assessment and diagnosis, treatment suggestions and collaborative care planning. At Surrey Place, he received support from a psychometrist, geriatric psychiatrist, and outreach nurse, as well as a swallowing assessment from our speech-language pathologist. The Transitions Team was with him every step of the way, providing rehabilitation and clinical services necessary to give David the quality of life he deserves during and after his home transition.

* Names changed for privacy



Surrey Place was with him every step of the way, providing services, research, information and support necessary to give David the quality of life he deserves during and after his home transition.