

Creating Your Individualized Housing and Support Plan

Free Virtual Workshop Series

This three (3) session workshop series is designed to help you begin creating an individualized housing and support plan for you or a family member with a developmental disability.

Topics covered will include:

- 🌱 Creating your vision and learning from others
- 🌱 Discovering your strengths and needs
- 🌱 Creating a record of your support needs
- 🌱 Investigating how technology can increase independence and fill gaps to independent living
- 🌱 Building on natural supports and creating community circles
- 🌱 Exploring generic and disability specific services and supports
- 🌱 Bricks and mortar – housing options
- 🌱 Considering opportunities for self-funding and creating a housing and support budget
- 🌱 Pulling it all together and creating measurable goals

This free online workshop series will be facilitated by **Bambi Pepe**, Housing Navigator for DSO Northern Region, **Alexandra Shannan**, Housing Navigator for DSO in Toronto, and **Martha Beach**, Housing Navigator for DSO East and South East Regions. It is open to people with developmental disabilities and their family members and/or their support networks living in Ontario.

Questions about this event can be sent to: Bambi Pepe at b.pepe@lccare.ca,
Martha Beach at mbeach@dsoer.com, or Alexandra Shannan at Alexandra.shannan@surreyplace.ca

DATES: Session 1: Wednesday, October 13, 2021
Session 2: Wednesday, October 20, 2021
Session 3: Wednesday, October 27, 2021

TIME: 1:00 – 3:30 pm EST

NOTE: It is recommended you attend all three sessions as the content of each session is connected.

To register for this virtual workshop series please visit: [Register Here](#)